

## Transactional Analysis Training

### Who is Transactional Analysis Training for:

Those who have an introductory understanding of Transactional Analysis and wish to further that understanding.

Applications are considered from people who wish to use knowledge of TA to further their personal and/or professional development.

### Contents:

The course will consist of 240 hours which can be counted as part of the requirements for accreditation as a Transactional Analyst. It will provide a thorough grounding in TA theory and practice.

### Year One

#### October 2010/July 2011

##### 28/29 October

Goal Setting

Contract Making – Ethics and Professional Practices

Ego States 1 (Models of Ego States)

##### 25/26 November

Making Contact: Psychological hungers

##### 16/17 December

Ego States 2 (The Child Ego State)

Relating To The Past: Transference and Countertransference



**E L A N**

**TRAINING & DEVELOPMENT**

**20/21 January**

Understanding And Working With Emotion: Rackets

**24/25 February**

How The Past Influences The Present: Script

**24/25 March**

Active Problem Solving: Passivity School

**28/29 April**

Understanding Personality Types: Process Communication

**19/20 May**

Knowing What Happens Next: Planning Applications

**23/24 June**

Ego States 3 (The Parent Ego State)

Relating To The Past: Transference and Countertransference

**14/15 July**

Group Presentations

**Year Two** - Dates to be decided

Goal Setting

Culture, Counselling and Psychotherapy, and Ego States 1 (Diagnosis and Assessment)

Ego States 2 (Pathology)

Human Growth and Development 1

The Analysis of Communication : Transactional Analysis Proper

Understanding Relationship Patterns: Game Analysis

Elan Training and Development

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ELAN

TRAINING & DEVELOPMENT

Changing the Past in the Present: Redecision School

Relating Meaningfully: Integrative Transactional Analysis

Ego States 3 (Working with Ego States)

Human Growth and Development

Being Effective in Groups: Group Analysis

Committing to Life

Blocking Tragic Outcomes

Group Presentations

#### **Modules**

There will be 10 monthly two day modules, over a period of two years

#### **Fees**

£1370 per annum

#### **Payment of Fees**

Students can pay course fees in a variety of ways: from a lump sum at the beginning of the course, to 12 monthly payments and anything in between. On attending the course students are liable for the full course fees.

#### **Application**

To apply please send a professional CV to elan detailing which course you are applying for. We will then contact you back to arrange a meeting to discuss your training needs

Applicants are encouraged to apply on a year by year basis. Any training undertaken at elan is usually recognised by other psychotherapy training institutes.

To apply for a place on any of this course contact us below

In accordance with our policy of seeing psychotherapy training as a serious professional training, all courses, apart from the 101, take place during the week.

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