

Requirements	Minimum EATA Requirement	Actual	Minimum UKCP Requirement	Actual
EATA Contract.	To be held for a minimum of 1 year prior to examination.	<input type="checkbox"/>		
Training Hours.	600 in total 300 must be TA.	(600) (300)	900 over no less than 4 years, to include supervision.	(900)
Supervision Hours.	150 in total of which 75 must be with P/TSTA, and 40 with your principal supervisor.	(150) (75) (40)	Included in above total.	
Clinical Practice Hours.	750 minimum 500 must be using TA, 50 must be with groups incl couples, families etc and 50 with individuals.	(750) (500) (50) (50)	450 minimum over no less than 2 years.	(450)
Client Group	Adults Yes/No Children Yes/No	% %		
Personal Therapy Hours.	PSTC recommends personal therapy over the period of training.		Candidates must have an experience of psychotherapy <b>congruent</b> with the psychotherapy in which they are in training for a <b>minimum of 40 hours per year for four years</b> , and normally be in psychotherapy throughout their training. This psychotherapy must <b>normally</b> be undergone with a UKCP registered psychotherapist, or equivalent. Attach TSC endorsed non UKCP psychotherapist form if applicable.	(40 x 4)
Mental Health Familiarisation Placement.	Candidates need to show an understanding of the psychiatric diagnostic systems used.	<input type="checkbox"/>	Meet HIPS learning outcomes. Report attached.	<input type="checkbox"/> <input type="checkbox"/>
Minimum No of Years as Psychotherapist.			2 years	
Supervision Ratio.			1:6 for no fewer than 450 client hours.	
Short/Long Term Clients.	Candidates are expected to have a range of work experience	<input type="checkbox"/>	At least 2 long-term clients and successful closure of at least 1 case.	<input type="checkbox"/>
Completion of Psychotherapy Dissertation/Case Study.	Candidates need to pass CTA Written examination prior to Oral examination.	<input type="checkbox"/>	Required before Registration.	<input type="checkbox"/>
TA101.	To be completed before CTA examination application.	<input type="checkbox"/>		
Professional Development Training.	500 hours additional training; supervision; personal psychotherapy; psychiatric placement, etc. required prior to CTA examination application. (Please specify)	(500)	Required as CPD post qualification.	
Totals	(Numbers in brackets are minimum requirements)	(2000)		

**CANDIDATE NAME:**

**Signed:**

**PRINCIPAL SUPERVISOR NAME:**

**Signed:**